

The novel Coronavirus (COVID-19) has been declared a global pandemic by the *World Health Organization (WHO)*, is extremely contagious, and may be contracted from various sources. COVID-19 has a long incubation period during which carriers of the virus may not show symptoms and still be contagious. There is an inherent risk associated with visiting a health care office therefore we have implemented the following protective measures as recommended by the *Ohio State Medical Board* and the *American Massage Therapy Association*:

Streamlined Scheduling and Check Out:

- ✓ All scheduling is to occur on the SomaPureStudio.com website, or via email/text/call. No in-office scheduling.
- ✓ **Prepayment for services required at time of scheduling** or via packages and monthly programs.

Streamlined Appointment Procedures:

- ✓ To ensure client/therapist safety and enhanced sanitizing, the office accepts **a decreased number of available appointments each day.**
- ✓ If you exhibit any symptoms of the COVID-19 virus you are not permitted to enter the office.
- ✓ **If you have traveled, you must schedule your appointment at least 14 days from your return home date.**
- ✓ If you have been in contact with someone that may have contracted the COVID-19 virus, you cannot schedule your appointment for at least 14 days past exposure.
- ✓ Pre-appointment safety procedures are completed before you enter the office and **only you & your therapist are in the office at one time.**
- ✓ Your therapist will greet you at the SomaPure office door and **perform a COVID-19 prescreening, including but not limited to, documenting your temperature** with a contactless thermometer.

Enhanced Disinfecting Protocols:

- ✓ In addition to the thorough cleaning procedures already in place, SomaPure now sanitizes all surfaces that you or your therapist contacts between every appointment. Including, but not limited to, door knobs, light switches, coat hooks, clothing containers, table surfaces, massage table surface and head rest, pump bottles, etc.
- ✓ To avoid possible cross contamination, your therapist changes clothing between every appointment.

Environmental Safety:

- ✓ **You and your therapist are required to wear a facial covering at all times that securely covers the nose and mouth, no exceptions.** If you arrive without a facial covering your appointment will be canceled with no refund. SomaPure does offer facial coverings for sale and can be purchased if in stock.
- ✓ In addition, the office operates an enhanced HEPA air filtration system in the treatment room, you may notice a slight increase in background noise.

These COVID-19 protocols may seem extreme, but are designed to protect you and your family, as well as your therapist and their family. As we continue to learn more about this novel coronavirus, and hopefully even have more effective treatments and/or a vaccine, these COVID-19 protocols will change.